

## Pre-Registration Form Coaching at Identity Level April 24-26, 2009 - Bucharest

Last Name \_\_\_\_\_  
First Name \_\_\_\_\_  
Address \_\_\_\_\_  
Town \_\_\_\_\_  
County/Sector \_\_\_\_\_  
Phone \_\_\_\_\_  
Mobile \_\_\_\_\_  
Email \_\_\_\_\_  
Age \_\_\_\_\_  
Profession \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

- This workshop is not intended to be a replacement for psychotherapy, and is exclusively presented for the individuals interested in their personal and professional development.
- No prior knowledge or experience with NLP and/or coaching is mandatory for participating at this workshop, as the language is adapted for general audiences.
- This is an **experiential** workshop, therefore you will be involved in individual and group exercises.

Please send the filled form at the address:

**Competent Consulting**  
Șos. Colentina nr. 18, Bl. 9A, Ap. 27  
021178 Bucharest, Sector 2

Please request any supplemental information at:  
Tel. 0216887548, 0788294801, 0726801881  
Email: [contact@competent.ro](mailto:contact@competent.ro)  
[www.dilts.ro](http://www.dilts.ro), [www.competent.ro](http://www.competent.ro)

## Who are the trainers?

### Robert Dilts

Robert Dilts has been a developer, author, trainer and consultant in the field of Neuro-Linguistic Programming (NLP) since its creation in 1975 by John Grinder and Richard Bandler. Dilts has made many personal contributions to the field of NLP including the authorship of the Encyclopedia of Systemic NLP, based on the work done with Milton Erickson and Gregory Bateson. He is best known for his work on beliefs and strategies. Dilts is the author of numerous important books and workshops, many also translated in Romanian. Since more than 30 years, he has worked as a consultant at some of the biggest companies such as *Hewlett Packard, Apple Computer, Fiat, Telecom și Trenitalia*.



### Deborah Bacon-Dilts

Deborah Bacon is a trainer in Psychosynthesis, Relaxation Therapy, Gabrielle Roth's 5 Rhythms® and Richard Moss' transformational and spiritual work. She lives in France where she has also worked as a professional interpreter for trainers and teachers in the personal growth field for over 16 years.



Deborah is the author of a number of articles (in French) including, *The sweat-lodge ritual - connecting with life*, *The earth - place of connection*, *Gabrielle Roth's 5 Rhythms™*, and a chapter on Richard Moss' *Mandala of Being™* in a book on transpersonal psychotherapy (publication planned 2006). Her work focuses on the body-mind connection and conscious relationship.



## Competent Consulting

*your success is our profession*

Major changes in our life also call for major transformations. Do you have a satisfactory answer for questions as:

- *What really matters for me?*
- *My present life is the one I really intended to live?*
- *Who am I, in reality?*



# Coaching at Identity Level

sponsoring transformational change  
with **Robert Dilts**  
and **Deborah Bacon-Dilts**

**April 24-26, 2009**

Crowne Plaza Hotel, Bucharest

## Which are my benefits?

### In this course you will learn:

- to be more present and centered
- to appreciate more life, optimize your personal power and the one of your clients (individuals, groups, organizations)
- to connect more deeply with your identity and facilitate your evolutionary growth
- to prepare yourself for sponsorship as a coach and develop key skills for sponsoring your clients' evolving identities ( individuals, groups, organizations)
- to determine when identity issues are the key challenge for a coaching client
- to use practical tools for helping clients evaluate and optimise who they are as a result of their past, who they are in their life right now, and who they are becoming in the future
- to assist clients in perceiving their role and mission within the greater context of the larger systems of which they are a part.

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**Identity is the underlying foundation of all other levels of change:**

- **behaviors,**
- **capabilities and**
- **beliefs.**



**Robert Dilts &  
Deborah Bacon-Dilts**

## Why should I participate?

Supporting people in major life transitions and changes frequently requires coaching at an identity level. **Identity is the underlying foundation of all other levels of change:** behaviors, capabilities and beliefs. Identity has to do with such questions as *Who am I?, What are my limits?, What is my purpose?* (my mission). Clarifying the "deep structure" of our identity allows us to express ourselves even more fully at the level of our behavioral "surface structure".

Coaching at the level of identity involves helping people to:

- **find and clarify their life's direction,**
- **manage boundaries between 'self' and 'others',**
- **become clear about beliefs that support your identity and those which limit them,**
- **expand their sense of self to the most profound, essential core,**
- **incorporating new dimensions of being.**

Working at the level of identity also opens up the possibility of transformational and "evolutionary" change. Most NLP techniques focus on "remedial" or corrective change (fixing something that is broken). A few techniques focus on "generative" change (taking something good and making more of it). Still fewer address "evolutionary" change (creating something completely new).

To make an analogy, remedial change is like pulling weeds; generative change is like planting new seeds; evolutionary change is like altering the landscape upon which the weeds and the seeds are growing.

## Who should participate?

**Individuals from over 30 countries already enjoyed the benefits of profound transformations sponsored by this workshop.** The best results were attained by:

- **top- and middle-managers,** involved either in personal development programs, or in managing by coaching,
- **consultants and coaches** actively involved in sustaining change processes at individual, group or organizational level,
- **individuals facing a difficult period of life,** confronted with the need to re-define themselves as result of career changes, transitioning to an older age, divorce, remarriage, first child, etc.
- **NLP practitioners at all levels,** enjoying the exceptional opportunity of entering in contact with one of the 6 founders, from which they can model the genuine NLP spirit and learn extremely advanced techniques.



## Where, what, how much?

- In the Grand Ball Room of **Crowne Plaza** hotel in Bucharest,
- from **April 24 to 26, 2009**, from 9:30 to 18:00,
- the workshop is presented in English, with **parallel translation** to Romanian and bilingual handouts,
- **complete catering** is offered, including brunch,
- participation fee is
  - **720 EUR+VAT** until 31.12.2008,
  - **770 EUR+VAT** until 15.02.2009,
  - **850 EUR+VAT** until 24.04.2009.